

SUBSTANCE ABUSE QUESTIONNAIRE

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NAME : Example Report  
 AGE: 36 SEX: Male CONFIDENTIAL REPORT  
 ETHNICITY : Caucasian  
 EDUCATION : High School Graduate  
 DATE SAQ SCORED: 12/11/2010

SAQ results are confidential and are considered working hypotheses. No diagnosis or decision should be based solely upon SAQ results. The SAQ is to be used in conjunction with experienced staff judgment.

MEASURES	%ile	SAQ PROFILE			
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		LOW RISK	MEDIUM	PROBLEM	MAX
		-	-	-	-
TRUTHFULNESS	14	*****	.....	.....	.....
ALCOHOL	91	*****	*****	*****	.....
AGGRESSIVITY	69	*****	*****	.....	.....
DRUGS	70	*****	*****	.....	.....
RESISTANCE	60	*****	.....	.....	.....
STRESS COPING	87	*****	.....	.....	.....
		+	+	+	+
		0	40	70	90 100
		----- PERCENTILE SCORES -----			

\* \* SUMMARY PARAGRAPHS EXPLAINING CLIENT'S ATTAINED SCALE SCORES \* \*

TRUTHFULNESS SCALE RISK RANGE: LOW RISK PERCENTILE:14  
 This client's response pattern on the Truthfulness Scale is in the Low Risk (zero to 39th percentile) range. This is an accurate SAQ profile and other SAQ scale scores are accurate. This individual responded to SAQ test items in a non-defensive, cooperative and truthful manner. The Truthfulness Scale is designed to identify self-protective, recalcitrant and guarded people who minimize or even conceal self-report information. Denial and distortion are minimal. This person has adequate reading skills and was truthful.

ALCOHOL SCALE RISK RANGE: MAXIMUM RISK PERCENTILE:91  
 This client's response pattern on the Alcohol Scale is in the High Risk (90 to 100th percentile) or Severe Problem range. Either this person's use of alcohol (beer, wine or liquor) is out of control or this person is a recovering (alcohol problem, but has stopped drinking) alcoholic. Relapse risk is high. A Severe problem is indicated. RECOMMENDATIONS: Chemical dependency treatment (inpatient, residential program or outpatient) should be considered with Alcoholics Anonymous (AA) and aftercare follow-up. Monitored attendance to ensure compliance is recommended. If recovering, continue in AA or treatment. Interview regarding client's life situation and establish client's history and pattern of drinking. This is a High Risk or Severe Problem

Alcohol Scale score.

AGGRESSIVITY SCALE RISK RANGE: MEDIUM RISK PERCENTILE:69

This person's response pattern on the Aggressivity Scale is in the Medium Risk (40 to 69th percentile) range. Although a pattern of inappropriate aggressiveness is not indicated, this person has aggressive tendencies. Low frustration tolerance, impulsivity and sensitivity can contribute to aggressiveness and acting-out. RECOMMENDATIONS: Carefully review this client's court-related history for domestic violence or offenses committed on impulse. A reality oriented counseling approach can be effective. Counseling (individual or group) might be considered to resolve frustration-aggression syndrome problems. Additional areas of inquiry: stress coping, substance abuse and resistance.

DRUGS SCALE RISK RANGE: PROBLEM RISK PERCENTILE:70

This client's response pattern on the Drugs Scale is in the Problem Risk (70 to 89th percentile) range. Drug-related problems are indicated. Either this client has a drug problem or is a recovering (drug problem, but does not use anymore) drug abuser. A pattern of drug abuse is indicated. RECOMMENDATIONS: Drug-related treatment (inpatient or outpatient counseling) and/or Narcotics Anonymous (NA) or Cocaine Anonymous (CA) participation on a consistent basis is recommended. Relapse is possible. Interview this client carefully regarding his or her history and pattern of drug use. Treatment compliance monitoring is desirable. Apathy, denial and moodiness are common problems. This is a Problem Risk Drugs Scale score.

RESISTANCE SCALE RISK RANGE: MEDIUM RISK PERCENTILE:60

This client's response pattern on the Resistance Scale is in the Medium Risk (40 to 69th percentile) range. Under perceived stress or during periods of substance abuse, this client can become resistant, passive aggressive, demanding and/or complaining. RECOMMENDATIONS: Firm structure along with clearly understood behavioral expectations and consequences for non-compliance. Individualized and supportive treatment or counseling with emotional support of endeavor is recommended. When frustrated, resistance becomes more apparent.

STRESS COPING SCALE RISK RANGE: PROBLEM RISK PERCENTILE:87

This client's response pattern on the Stress Coping Scale is in the Problem Risk (70 to 89th percentile) range. This person is not coping effectively with stress. Symptoms of stress include irritability, anxiety, depression, interpersonal conflict and, in some cases, even substance abuse. Stress is contributing to adjustment problems. RECOMMENDATIONS: Review available records and if mental health problems are identified, treatment should be upgraded. Stress management counseling would be helpful and mental health counseling may be needed. Stress, or this client's inability to cope with stress, is contributing to an impaired adjustment.

SIGNIFICANT ITEMS: The following self-report responses represent topics that may help in understanding the respondent's situation.

ALCOHOL

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- 18. Drinking a serious problem.
- 22. Concerned about own drinking.
- 32. Wants help for drinking prblm.
- 39. Admits has a drinking problem.
- 81. Drinking is a serious problem.
- 96. Admits has a drinking problem.
- 147. Drinking is a severe problem.
- 150. Highly motivated for help.

DRUGS

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- 7. Admits has a drug problem.
- 67. Admits has a drug problem.

AGGRESSIVITY

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- 66. Admits overly aggressive.

RESISTANCE

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- 71. Doesn't want help/advice.

STRUCTURED INTERVIEW (CLIENT'S SELF-REPORT):

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- 143. One prior chemical dependency admission.
- 144. Substance of choice has been alcohol.
- 145. During past year: considers self suicidal.
- 146. Client's self report: on probation.
- 147. Considers drinking: severe problem.
- 148. Considers drug use: slight problem.
- 149. Few minor physical or medical problems.
- 150. Motivation for alcohol treatment: wants help.
- 151. Motivation for drug treatment: undecided.
- 152. States is a recovering drug abuser.
- 153. Parent is known alcoholic.

RECOMMENDATIONS:

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STAFF MEMBER SIGNATURE

DATE

(SAQ TEST # 1 )

SAQ RESPONSES

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1- 50	FTFTTTTTFT	FTTFFTTTTT	FTFTFTTFTT	FTFFTFFFTT	FTFFTTFFFT
51-100	FFFFFFFTTT	TFTFTTFFTF	TTFTFTFFFF	TFFFTFTFTT	TFFTFTFFTF
101-150	FT31314331	2314332244	2323223224	4233312423	1321111321
151-153	221				